



JAGADISH

life is good

## Healing Your Ancestors

By Alison Brooke Monfort

All of us are shaped by our childhood, particularly by the interactions with and attitudes of the members of our immediate family. We're also influenced by the societies in which we live, the countries into which we are born, our economic strata, and the religious and cultural beliefs held by our families and closest communities. This is a widely accepted premise within learned psychological circles, and most of us accept this simply because it makes sense; the evidence is all around us.

What's intriguing is the idea that the very same family dynamics that influence and shape us on earth also exists on other realms, which profoundly influence us here on earth. This concept bears some explanation. In a nutshell, there are communities of your ancestors whose consciousness exists in the astral and other realms, and who lovingly watch out for you and actively guide you. Yes, Virginia, that stern great grandfather of yours, the one that held such high morals (including being an active member of the KKK), sincerely believes he is serving your highest good when he puts energetic blocks between you and that beautiful African American man you like so much. Unfortunately, the blocks are raised based on the man's race alone, but that's just great-grandpa's nature. Like Romeo and Juliet on the astral realm, the limiting belief systems that exist within our immediate families - the feuds, fears, inhibitions, prejudices and credos - also echo around us from the well meaning but sometimes-misplaced guidance of our ancestors. Our ancestors attentions can manifest as "psychic impingements," creating stumbling blocks in our lives, like being in the wrong place at the wrong time, frustration in realizing healthy relationships, unhappiness with one's life path and career, anger, irritation, general restlessness and other inhibiting or even severe symptoms, including purely physical ones.

Our ancestors bequeath quite a lot to us, through our genetic material, cultural traditions, emotional patterns and developmental opportunities. And as multi-dimensional beings floating in the same big soup together, our ancestors exert their influence, but can often only guide us through the fog of beliefs they clung to when they lived. Obviously, there are many areas where, because of social change alone, what worked for our forbearers in their day won't work for us today. So is there anything a modern, average sort of person can do to heal their situation with their ancestors now, in the present moment? Since they are going to affect us one way or the other, is there a way we can help our ancestors evolve, so that their guidance comes to us from the wisest place, the most loving place; so they can have the most beneficial affect upon our lives?

There is a teacher living in Austin, who likes to be known simply as “Jagadish,” who offers to heal your ancestors, and who teaches others how to do the same. After 35-years of devoted spiritual practice and lifestyle, studying with great masters and saints in India and Nepal, “Jagadish” attained a state of permanent self-liberation. A Spiritual Master and Ordained Healer in the Eastern Yogic tradition, he has been offering the spiritual work of Karma Clearing, a rare ability passed to him within his lineage, since 1984. It was through years of that work that he developed another unusual ability – being able to communicate with – and heal – anyone’s ancestors. He also teaches these esoteric practices and methods, so that anyone of sincere commitment can heal their entire bloodline – past, present and future.

According to Jagadish, the relationships we have with our ancestors are ones of reciprocity. Just as a parent initially cares for their helpless child, raising them to be capable of leading an independent life, as the parent ages and can no longer care for themselves, in normal reciprocity, the adult child cares for the parent. This normal and natural cycle of reciprocity exists not only on the earthly realm, as represented in the parent-child relationship, but also in the astral realm, where our ancestors reside, and where we cycle to when we pass. Ancestral Healing purifies and clears the relationship between the living and the dead within your bloodline. Although many psychics and healers have demonstrated ability to communicate with the spirits of those who have passed, the healing available through Jagadish’s spiritual work, and the practices he teaches, is healing not normally available to them, so this represents a rare gift and opportunity.

Cleansing the cycle of reciprocity with your ancestors allows them to give more pure help to all living relations, which also becomes a gift to yourself and your family. Reported benefits range widely, and are specific to each person, but across the board people report their lives become more and more synchronistic and improves relations with one’s parents, children, etc. Ancestral Healing also manifests in the DNA, so when an ancestor is healed, that healing will be felt from that ancestor down through the entire bloodline. The most profound effects will be experienced by the one seeking the healing, or learning and doing the practices, but the effects of the healing will also be experienced by siblings and cousins, one’s parents, nieces and nephews; through their children and all who follow. In fact, depending on how far back in the bloodline the ancestor is who receives the healing, it can potentially benefit thousands upon thousands of relations, known and unknown. Healing your ancestors can resolve physical and emotional issues and create synchronicity, but ultimately it is a powerful act of compassion, for self, family and the world.

For more information, speaker info, private or group sessions, please contact:  
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